

Tuesday 12TH NOV, DAY 1

10:30-11:30 Seminar Stream A

A1: Innovation & Transformation (1hr) Leadership and Change Presentation



Professor Jacqueline Dunkley-Bent OBE

Chief Midwifery Officer for England

National Maternity Safety Champion for the Department of Health

Jacqueline has vast experience in healthcare provision. She has worked as a midwife and a nurse and held senior positions in clinical practice, education, leadership and management including: Director of Midwifery and Nursing positions for Womens and Children's services at Imperial College Healthcare Trust & Guy's & St Thomas' NHS Foundation Trust. Academic roles have included: Senior Lecturer, Curriculum Leader, LME and Professor of Midwifery. Jacqueline has recently held the position of Head of Maternity, Children and Young People at NHS England and National Maternity Safety Champion for the Department of Health. She was recently appointed to the position of Chief Midwifery Office for NHS England.

She is visiting Professor of Midwifery at Kings College London and London South Bank University. Her experience has led to her leading and influencing national maternity standards and guidance. Jacqueline influences healthcare, nationally and internationally through research, education and publications. She is frequently invited to speak at national and international conferences and is a member of the British Journal of Midwifery editorial board.

Jacqueline is a member of the: Tommy's Charity National Advisory Board as Midwifery advisor, and the Women of the Year management committee. Her voluntary work currently includes Midwifery Advisor for the Wellbeing Foundation Africa and until recently a trustee and midwifery ambassador for the charity 'Saying Goodbye'. In 2014 she had the privilege of receiving the HSJ, BME Pioneers award and in 2015 she was selected from over 100 nominations for inclusion on Nursing Times' Leaders 2015 list that celebrates nurses and midwives who are pioneers, entrepreneurs and inspirational role models in their profession.

A2: Clinical Practice (1hr) Keynote Presentation



Dr Neel Shah, MD, MPP

Assistant Professor of Obstetrics, Gynaecology, and Reproductive Biology, Harvard Medical School; Director, Delivery Decisions Initiative, Ariadne Labs

Dr Neel Shah, MD, MPP, FACOG, is an Assistant Professor of Obstetrics, Gynecology and Reproductive Biology at Harvard Medical School, and Director of the Delivery Decisions Initiative at Harvard's Ariadne Labs.

As an obstetrician-gynecologist at Beth Israel Deaconess Medical Center in Boston, Dr. Shah cares for patients at critical life moments that range from childbirth to primary care to surgery. As a scientist and social entrepreneur, he is a globally recognized expert in designing, testing, and spreading solutions that improve healthcare.

Dr. Shah is listed among the “[40 smartest people in health care](#)” by the Becker's Hospital Review, and has been profiled by the [New York Times](#), [CNN](#), and [other outlets](#). He is senior author of the book [Understanding Value-Based Healthcare](#) (McGraw-Hill), which Don Berwick has called “an instant classic” and Atul Gawande called “a masterful primer for all clinicians.” Prior to joining the Harvard faculty, Dr. Shah founded Costs of Care, a global NGO that curates insights from clinicians to help delivery systems provide better care. In 2017, Dr. Shah co-founded the March for Moms Association, a coalition of 20 leading organizations, to increase public and private investment in the wellbeing of mothers.

A3: Innovation & Transformation (2 sessions)



Lisa Hammond

Co-Director, More Than A Tick Box

Lisa has a degree in Biological Health Sciences and a master's diploma in Public Health. She worked in Public Health for 15 years; delivering sex education to vulnerable young people before taking up a post as a health improvement specialist at NHS Leeds. She then transferred her role to become a commissioner, performance managing services in the drug and alcohol sector. She has recently taken up a post as a perinatal and pregnancy mental health ambassador for the NHS, which involves promoting the wellbeing of Mums and Mums-to-be in Leeds.

She is also co-founder of More Than A Tick Box and has built her career around her previous mental health experiences. This campaigns for improved perinatal mental health and offers a range of services for individuals, professionals and organisations to receive the support they need.

Lisa talks openly about her experiences with postnatal depression and postpartum psychosis and has shared her story in the media, including National tabloids, Woman's magazine, BBC Radio and local television. She now has a regular slot on BBC Radio Leeds and has also written an e-book titled 'Make up & Break downs' sharing her story of early motherhood.



Angela Bellamy

Consultant Midwife, The Royal Cornwall Hospitals Trust

Angela Bellamy works for RCHT as Deputy Head of Midwifery and Consultant Midwife with a specialist interest in developing and improving services for vulnerable women and their families.

Angela has previously held senior roles in management and clinical practice including, Matron and Ward Manager roles as well as having much experience on the 'shop floor' as a labour ward coordinator.

Angela has undertaken specialist training in birth trauma and has recently set up the Birth Reflections clinic at RCHT, supporting the women and families of Cornwall.

Outside of midwifery, Angela enjoys yoga, cycling and the beach.'



Amy Keates

Midwife, The Royal Cornwall Hospitals Trust

Amy Keates works for RCHT as an acute midwife and also providing continuity of care for the traveller community as a pilot scheme.

Amy trained as a midwife at Swansea University before working at Guy's St. Thomas' NHS Foundation.

Since 2014 she has been working in Cornwall as both a community and acute midwife.

She is especially interested in caring for vulnerable women with additional and complex needs.

Outside of midwifery Amy enjoys open water long distance swimming and running.



Nicki Burnett

Vice Chair, Kernow Maternity Voices Partnership

Nicki Burnett has been the Vice chair of Kernow Maternity Voices partnership since 2018. As part of this role she works alongside the Local maternity system to support the implementation of Better births across Cornwall and the Isles of Scilly to ensure service users have a voice and the opportunity to coproduce services.

As part of the MVP Nicki has experience of coproducing care pathways, facilitating feedback in complex situations and ensuring service user voice is central to all conversations from ground level upwards and has a keen interest in Birth rights, inclusion, accessibility and health inequalities.

Nicki also works as a birth doula and Antenatal teacher across Cornwall, supporting birthing people and families during the perinatal period to know their rights, understand the evidence and work towards a positive birth experience.

A4: Education



Joanne Parkington

Midwife Entrepreneur and CEO, My Midwife & Me Ltd

Jo Parkington is a midwife and is the founder and CEO of a number of companies over the years which have included: One to One Midwives, My Midwife & Me and The One to One Foundation. Jo's experience spans more than 30 years working within the NHS, with over 25 years working within the maternity sector. One to One Midwives became the first independent provider to be commissioned into the NHS to provide a community caseloading midwifery service.

Jo's vision was to take midwifery back to its roots and for midwives to become truly autonomous – not just clinically but in how they work, which was evidenced through a self managed team approach and ensured that each team was trained to take professional accountability and govern themselves. The Self-Managed Team structure enabled midwives to feel more confident and empowered to organise their caseloads, make decisions and share responsibility.

Jo is a firm advocate that in order to succeed you must surround yourself with a tribe of people who hold the same beliefs and values, and that is what she has achieved at One to One. This unique midwifery service was delivered by motivated and passionate experts and individuals who placed women and their families at the centre of their care. Over 17,000 families have been cared for through this model and the clinical outcomes for women and their babies are excellent, including a still birth rate and premature birth rate that were half the UK national average.

11:00-12:00 Seminar Stream B

B1: Education (1hr) Leadership and Change Presentation

Frances McConville

Midwifery Adviser, World Health Organisation (WHO)

B2: Innovation & Transformation (1hr)

Shabira Papain

Chief Operating Officer, Best Beginnings



Associate Professor Nicos Middleton

**Associate Professor in Health Sciences Research Methodology and Biostatistics,
Head of Department of Nursing and Dean of School of Health Sciences, Cyprus
University of Technology**

Nicos Middleton: BSc Statistics and Operational Research (UCL, 1997), MSc Health Care Decision Analysis (LSE and LSHTM, 1998), PhD Epidemiology (Social & Community Medicine, University of Bristol, 2004) is Associate Professor in Health Sciences Research Methodology and Biostatistics, CUT (2009-currently), Director of the doctoral programme and Dean of the School of Health Sciences.

Previous affiliations: Cyprus International Institute for Environmental & Public Health (2006-2008), Harvard School of Public Health (2006-2008) and University of Bristol (Lecturer Medical Statistics, 2004-2006). His research interests lie at the intersection of chronic disease, mental health and social epidemiology, with a particular focus on health inequalities and the socio-environmental determinants of health.

In settings where public health policy and practice are not well established, Dr Middleton believes in “policy-driven research” and the role of the academic community to formulate research for the purpose of driving policy. He has been involved in several research projects as PI, co-investigator or WP leader over the years. He was Lead Statistician/ Epidemiologist in the largest epidemiological studies in Cyprus to date on respiratory health and childhood asthma (PI: P. Yiallourous, UCY). Most recently, Dr Middleton was scientific coordinator of the “BrEaST start in life” project (funded by EEA Grants, 2014-2016) – a nationwide longitudinal study of mother-newborn dyads across all maternity clinics in Cyprus with the aim of providing first-time national breastfeeding indicators and explore the determinants of initiation, continuation and exclusivity of breastfeeding, including the adherence of maternity clinics to the Baby-Friendly Hospital Initiative 10 steps for successful breastfeeding. Currently, he is the PI of “Baby Buddy Forward” (funded by Erasmus+: Adult Education, 2017-2020), a participatory action research project in collaboration with a multidisciplinary European consortium of academic institutions and NGOs with the aim of developing Baby Buddy Cyprus. Through a structured research process, the project explores the cultural transferability and adaptation of Baby Buddy, created by project partner Best Beginnings, UK, to address the education needs of new parents in Cyprus during the transition to parenthood.

His track record includes >90 articles in peer-reviewed journals with considerable international recognition (>2500 citations, h-index=24, i10-index=46). He has disseminated this work widely at major European and International conferences, including the annual conference of the European Public Health Association and the IEA World Congress of Epidemiology. He teaches a range of research-orientated subjects: Research Methodology, Biostatistics, Evidence-based practice, Basic and Applied Epidemiology at undergraduate, postgraduate and doctoral level. He has supervised/co-supervised >25 postgraduate students and young researchers. He is a member of Society for Social Medicine, UK and the International Epidemiologic Association. Since 2015, he is serving in the Board of Directors of the Health Insurance Organization responsible for reforming the Cyprus healthcare system through the implementation of a new National Healthcare System.



Professor Adrienne Gordon

Neonatologist, Royal Prince Alfred Newborn Care Sydney

Researcher, University of Sydney

Chief Investigator, Stillbirth Centre of Research Excellence, Australia

Adrienne Gordon is a Senior Neonatal Staff Specialist in the Royal Prince Alfred Hospital (RPAH) centre for newborn care and has just completed her NHMRC Early Career Fellow (ECF) at The University of Sydney.

She is particularly interested in perinatal topics with a public health impact, improving evidence and information resources for pregnant women targeting health behaviours that can optimise pregnancy outcome particularly stillbirth prevention.

She is a chief investigator on the NHMRC Centre of Research Excellence in Stillbirth and leads the public awareness aspect of the program.

Adrienne is involved in many ongoing multicentre NHMRC funded randomised controlled trials in perinatal care including the Australian Placental Transfusion Study, the My Babys Movements Trial, LIFT and PROTECT and is a key member of the Perinatal Society for Australia and New Zealand IMPACT Network which supports investigator led perinatal trials to improve maternal and newborn care.

She currently leads a collaborative intervention enabled cohort called BABY1000 at the University of Sydney's Charles Perkins Centre, which aims to determine the modifiable risks and interventions prior to and during pregnancy that impact on offspring obesity, diabetes and cardiovascular disease.

B3: Clinical Practice



Ana Baraldi

Midwife, Luz de Candeeiro Birthcenter, Brazil

Ana graduated in Nursing and Midwifery in 2005 at the University of São Paulo where she gained a Masters Degree studying violence against woman. She was a University teacher at the University of Brasília from 2009 to 2012.

In 2012 she founded, with another nurse midwife, Iara Silveira, a company to attend home birth named “Luz de Candeeiro” (translated as “light of old lamp”, a tribute to traditional midwives that help women give birth at places so far and poor that they use an old lamp to find the house and illuminate the birth).

The team has grown and in 2019 they are opening the first freestanding birth center in Brazil. There were a lot challenges and joy to face in this project but they believe in cultural change around the birth in the country.

B4: Clinical Practice (2 sessions)



Hannah Tizard

Midwife, Blackpool Teaching Hospitals NHS Foundation Trust

Managing Editor, Student Midwife Journal, All4Maternity

Founder, BloodtoBaby.com

Hannah was appointed Managing Editor of the Student Midwife Journal at All4Maternity in April 2019 but has helped develop All4Maternity since its inception in 2017. She guides the student co-editors to accomplish their vision for the new journal and oversees editing and content creation. As a midwife editor she is able to advocate for important midwifery values, interlinking topics to create meaningful and contextual work to be enjoyed by their readers. In particular she is committed to finding innovative ways to support student midwives as they transition through their studies.

Hannah has a passion for translating evidence, developing concepts and design. She concurrently runs BloodtoBaby.com, an award winning website dedicated to physiological transition of the newborn with optimal cord clamping, which she founded 4 years ago. BloodtoBaby continues to grow and is underpinned by her desire to improve global & public health and midwifery practice by gathering evidence and using technology powerfully to translate important information into manageable pieces for practitioners and women alike.

As a Masters student Hannah has explored the benefits, challenges & consequences of integrating social media and web technology into midwifery practice. This, she believes could improve women's health literacy, choice, empowerment and connectivity with healthcare professionals, vital to future service sustainability and relational continuity of care.

Website: www.bloodtobaby.com

Twitter: @bloodtobaby



Dr Bryan Beattie

Consultant in Obstetrics, Fetal and Maternity Medicine, University Hospital of Wales

Founder, Owner and Director, Innermost Healthcare

Dr Bryan Beattie is a Consultant in Obstetrics, Fetal & Maternal Medicine at the University Hospital of Wales in Cardiff, joining them in 1995. He was responsible for setting up the Early Pregnancy Unit and now leads the Tertiary Fetal Medicine Unit, providing comprehensive fetal medicine services for most of Wales. He is an honorary lecturer at the University Wales College of Medicine, with teaching and supervisory roles for junior doctors and postgraduate medical students.

Dr Beattie qualified in 1983 from Queen's University Belfast and is sub-specialty trained in Fetal and Maternal Medicine. He also holds the RCOG/RCR Joint Diploma in Obstetric Ultrasound.

Dr Beattie is the founding Chairman and Trustee of Innermost Learning, a registered charity dedicated to improving education for women's health, pregnancy care and fetal medicine.

B5: Education (1hr) Leadership and Change Presentation



David JR Hutchon

BSc(Med Sci), MB, ChB, FRCOG

As a Consultant Obstetrician and Gynaecologist at the Darlington Memorial Hospital for 28 years, David Hutchon started investigating the circulation and respiration at birth and the effect of early cord clamping in 2003. He has since published and lectured extensively on the subject and co-operating with UK and international colleagues developed equipment and ways of providing neonatal resuscitation at the side of the mother without clamping the cord; this practice is gradually being adopted in a few units around the world.

He has published numerous articles on the subject explaining how early cord clamping disrupts the neonatal circulation, may contribute to neonatal morbidity and leads to the separation of mother and baby. He has co-authored a chapter on neonatal care immediately after birth, co-authored two Cochrane systematic reviews, and has organised five international conferences dedicated to the subject of delayed cord clamping and motherside neonatal resuscitation.

14:00-15:00 Seminar Stream C

C1: Sustainability (1hr) Leadership and Change

Dr Kathryn Gutteridge

Consultant Midwife, President, Royal College of Midwives

Kathryn is an established Consultant Midwife with a long history of clinical care in the NHS. She has worked in many diverse settings including neonatal services and community midwifery care. She was the Consultant Midwife and Clinical Lead for Low Risk Women at Sandwell and West Birmingham Hospitals NHS Trust.

Passionate about women's issues, particularly in relation to childbearing, Kathryn has a reputation for representing women's psychological and mental wellbeing during this vulnerable stage of their lives. Further to this, Kathryn founded Sanctum Midwives; an organisation that educates, represents and challenges stigma around sexual abuse and its impact during motherhood.

In latter years Kathryn has led and promoted the 'Your Birth in our Home' project at Sandwell and West Birmingham Hospitals NHS Trust, opening the Serenity Birth Co-located Centre and Halcyon

Stand-Alone Birth Centre. These services have transformed the pathway for low-risk women in the area and are changing the face of midwifery care for women in this region.

Kathryn is an experienced author and presenter on both a national and international circuit, specialising in emotional wellbeing during childbirth and women maintaining control over their choices. Her international profile has taken her to Israel, Dubai, Sweden, Tasmania and Australia where she has enjoyed sharing her midwifery experiences.

Kathryn's doctoral studies are incomplete but she is investigating 'Anxiety, Worry and Fear in relation to Childbearing Women'. Still very much clinically involved she has a passion for emotional wellbeing during pregnancy and has a weekly clinic where she provides care for women with a range of issues.

Professionally Kathryn has advised and participated in national policy and developing clinical excellence. She has joined other experts in reviewing maternity services UK wide and has provided future direction based on evidence and current practice, ensuring women can access high-quality care.

C2: Innovation & Transformation (2 sessions)



Dr Nicoletta Setola PhD

Assistant Professor in Architectural Technology, Department of Architecture, TESIS Centre, University of Florence

Nicoletta is Architect, PhD in Architectural Technology and Design (2009), Assistant Professor at the [School of Architecture](#) at University of Florence from 2016.

Nicoletta's work is on investigate the impact of healthcare architecture on human health and wellbeing. Her research focuses on project evaluation tools supporting design of healthcare spaces. She is expert in methodology and tools for the spatial-functional configuration analysis related to people flow in healthcare buildings and built environment.

Her past researches were on Space Syntax theory and methodology and its experimentation in hospitals to favor rights to health, identity, accessibility, relationships among people. Her last book published by Routledge is [Designing Public Spaces in Hospitals](#).

Currently Nicoletta's research is related to Birth Space Design. She is part of the [COST IS1405 BIRTH](#) "Building Intrapartum Research Through Health" as representative member for Italy where she is investigating the relationship between physical environment and birth outcomes.

She contributed as expert to the writing of the European Midwifery Unit Standards update (2018) in the section "Environment and Facilities".

She is working on practice-based research on birth environment to support Italy NHS in designing new healthy Birth Centers.



Dr Sarah Joyce RIBA

ESRC Postdoctoral Fellow, University of Leeds

Sarah is a RIBA Chartered Architect and NCT-trained antenatal teacher.

She completed her PhD: Towards a new architectural understanding of birth spaces grounded in women's experiences of giving birth at the University of Sheffield in 2018, co-supervised in architecture and midwifery.

She is continuing her research as an ESRC Postdoctoral Fellow at the University of Leeds and as a member of the Leeds NHS Maternity Voices Partnership.

She is passionate about woman-centred care, interdisciplinary co-production and the social value of architecture as appropriate means to shape the future of maternity care.

C3: Education (1hr) Leadership and Change



Professor Billie Hunter CBE

RCM Professor of Midwifery, Cardiff University

Billie Hunter CBE is the RCM Professor of Midwifery at Cardiff University, Wales UK and Director of the WHO Collaborating Centre for Midwifery Development. A Fellow of the RCM, she holds Visiting Chairs at Surrey and Nottingham Universities in the UK and is Adjunct Professor at University of Technology Sydney, Australia.

Billie has been a midwife since 1979, working in UK NHS, voluntary sector and independent midwifery settings, before moving into education and research in 1996. Billie is well known internationally for her research into culture, emotions and relationships in maternity care, and she has published widely. Her aim is to improve care for women and their families by better understanding midwifery work and supporting midwives. Her research projects include studies of midwives' emotions and resilience, including leading the recent UK WHELM study of midwives' emotional wellbeing.

In 2016, Billie became the Director of a new WHO Collaborating Centre for Midwifery Development at Cardiff University, one of only 2 centres globally with a unique focus on midwifery. The Collaborating Centre supports WHO in its activities to strengthen midwifery education and practice globally. Billie is involved in a number of WHO advisory groups, as well as co-leading the Midwifery Network within the Global Network of Nursing and Midwifery Collaborating Centres.

Billie was awarded a CBE in June 2018 in recognition of her services to midwifery and midwifery education in the UK and Europe.



Grace Thomas

Lead Midwife for Education & Professional Head of Midwifery Cardiff University

Grace Thomas is Lead Midwife for Education & Professional Head of Midwifery at Cardiff University.

A Midwife for over 30 years, Grace moved into academia after working as Consultant Midwife for 10 years.

She is passionate to enable student midwives to gain skills, research-based evidence, professionalism and confidence to safely and compassionately support women and their families to achieve a positive birth experience.

Grace is Deputy Director of the WHO Collaborating Centre for Midwifery Development

C4: Research (2 sessions)



Gail Norris

Midwife for Education, Edinburgh Napier University

Gail began her career in higher education in 2003 at Edinburgh Napier University, she now the Lead Midwife for Education. Gail is part of the School's Senior Leadership team and holds the position of Senior Academic Lead for Student Experience. Gail is Senior Teaching Fellow, and currently teaches both pre- registration and post registration students. Her research interests include obesity, particularly during childbirth, and has just completed her PhD study "Exploring Perception of Risk in Women with a BMI > 35kg/m² during childbirth.



Tisian Lynskey-Wilkie RM MSc

Founder, Hydrobumps

Tisian is a registered midwife with an interest in maternal and infant nutrition and adapting public health to support healthier eating, weight management and lifestyles in pregnancy. This interest brought her to study Public Health Nutrition at Masters level, with her latest work looking at the

experiences of parents with food allergic children. Tisian is the founder of Hydrobumps Aqua-natal and has partnered with Liverpool City Council to provide her service to pregnant women, she runs her company alongside progressing her work in research.

C5: Clinical Practice (2 sessions)



Milli Hill

Founder, Positive Birth Movement

Milli Hill is the founder of the Positive Birth Movement (PBM), a global network of nearly 400 free to attend antenatal groups. Her book, *The Positive Birth Book*, was published in March 2017 to wide acclaim, immediately becoming an Amazon bestseller and remaining one of the most popular books for pregnant women ever since. Her message is simple, that birth really matters to women, that it can be empowering, inspiring and life-enhancing, and above all, that they can do it! She is a tireless advocate for women's choices and for the notion that birth can be positive in any setting, from home to the operating theatre.

As well as her work for the PBM, Milli writes for various publications about birth and motherhood, including the Telegraph, Guardian, BestDaily, GoodtoKnow and Mother&Baby. She uses social media to challenge attitudes around pregnancy and birth and is the brains behind leading campaigns such as #SoProud and #BirthJustHappened. She is a regular speaker at birth and maternity conferences and is working on a new book about birth and feminism to be published in 2019. She lives in Somerset with her partner and their three children.



Janine McKnight-Cowan BEM

Queens Nurse Project Health Visitor

Derbyshire Community Healthcare Services NHS Foundation Trust

Describing herself as an authentic speaker, Janine is now semi-retired after 40 years of clinical practice. Winner of prestigious nursing awards, she is now working independently in support of education, training and professional development.

As a recognised innovator she has embraced ideas learnt in practice and put reality in practice to the test. Creating tools for safeguarding and clinical resources for surgically delivered women.

Janine challenges the status quo, pushes boundaries and hopes to inspire colleagues and other clinicians to achieve their growth and practice in an environment where quality and professional safety are paramount.

Janine believes innovation is not just about that 'ah ha' moment, it is about the nitty-gritty of getting that idea to be implemented and accepted.

Janine is hoping to leave the delegates today with some thought-provoking safety in practice information today.

<https://www.rcn.org.uk/celebrating-nursing-practice/janine-mcknight-cowan>

15:30-16:30 Seminar Stream D

D1: Innovation & Transformation (1hr) Leadership and Change Presentation



Baroness Julia Cumberlege CBE

Co-chair of the APHG

Baroness Cumberlege is a Conservative Peer.

Baroness Julia Cumberlege CBE parliamentary Secretary of State for Health 1992 – 97. Past Chair of East Sussex Social Services, Brighton Health Authority, SW Thames Region, St George's Medical School and Mentor NHS Supervisory Board.

She Chaired the government review of Neighbourhood Nursing – a Focus for Care (introduced nursing practitioner and nurse prescribing to the NHS); Maternity Review – Changing Childbirth, is Patron of National Childbirth trust, Vice President Royal College of Midwives and Honorary Fellow of five Royal Colleges.

She has Chaired (completed 2016) and now implementing a review of the national maternity services Better Births (improving outcomes for maternity in England) and currently chairs the Independent Medicines and Medical Devices Safety Review.

D3: Research (1hr) Leadership and Change Presentation



Professor Mary Renfrew FRSE

Professor of Mother and Infant Health, University of Dundee

Mary Renfrew is Professor of Mother and Infant Health at the University of Dundee. A midwife, health researcher and educator, Mary has conducted research in maternity care and in infant feeding and nutrition for more than 30 years. She has previously worked in the the Universities of York, Leeds, and Oxford.

She was awarded inaugural Senior Investigator status with the National Institute for Health Research in 2008, and she was Principal Investigator for the ground breaking global Lancet Series on Midwifery (2011-2016). Her work has informed and helped to shape public health policy and midwifery practice nationally and internationally.

Mary is a member of two WHO Advisory Groups, on quality of maternal and newborn care and on midwifery education. She is also currently appointed by the NMC to lead the development of new midwifery standards.

She was a Board Member and Trustee of UNICEF UK (2011-2017) and was elected as a Fellow of the Royal Society of Edinburgh in 2014, the first midwife and nurse to be elected to Scotland's National Academy.

D4: Sustainability (2 sessions)



Halima Musa Abdul

PhD Student, Cardiff University

Halima Musa Abdul, RN, RM, RPHN, BNSC, PGDE, MSC (Maternal and Child Health Nursing), FWACN is a Nurse-Midwife, a Fellow of the West African College of Nursing and lecturer from the Department of Nursing Science, Ahmadu Bello University Zaria, Kaduna State, Nigeria.

She won an international studentship in 2016, to undertake a Ph.D. study of the wellbeing of the Nigerian midwifery workforce, based in Cardiff University, United Kingdom.



Caitlin Wilson

Consultant Midwife, Worcestershire Acute Hospitals NHS Trust / University of Worcester

Caitlin is a Consultant Midwife with a joint appointment between Worcestershire Acute Hospitals NHS Trust and University of Worcester. At the Trust, Caitlin is the lead for Continuity of Carer programme across the region. At the University of Worcester, Caitlin is involved with regular teaching

of student midwives across a wide range of subject areas, bringing currency of practice into the classroom.

Caitlin is also involved in developing the new curriculum in line with the NMC standards and practice partners. Caitlin is a member of the Continuity of Carer sub group for NHS England and contributing to nation policy drivers.

D5: Research (2 sessions)



Dr Mindy Ebrahimoff

Senior Midwife, Senior Lecturer, Clinical Tutor

Lis Maternity Hospital, Sourasky Medical Center, Tel Aviv, Israel

Mindy is an Israeli qualified nurse/midwife working in a large tertiary level maternity hospital in Tel Aviv.

A recent PhD graduate in midwifery at the University of Central Lancashire, UK, her research focused on “Similarities in mother-daughter labour and birth characteristics” providing a first example of how family-based studies may be used to understand individual variation in birth physiology.

Through her teaching midwifery both in the classroom and in the clinical setting, Mindy promotes, protects and supports normal physiological labour and birth practices with a strong emphasis on birth as a normal event in increasingly medicalised settings.

Wadad Alanazy

Student Midwife, Swansea University

Tuesday 13TH NOV, DAY 2

10:00-11:00 Seminar Stream E

E1: Education (2 sessions)



Inderjeet Kaur

Director of Midwifery, Fernandez Foundation, India

Ms. Indie is the Director of Midwifery at Fernandez Hospital, Hyderabad. She has spent the last year in India training professional midwives. She is passionate about reducing maternal mortality via the midwifery training and respectful humanised care for Indian mothers.

Her previous role was Consultant Midwife for Public Health with Bart's Health NHS Trust in the Royal London Hospital. She is highly qualified with a strong academic and professional background in clinical leadership and strategic change management. She is also a member of the East London Saving Lives (ELLY) team and as a team leader she has provided Multidisciplinary Obstetric and Midwifery Simulation (MOMS) training in India. Her work in India was published in the September 16 MIDDIRS. The team has organized several multi-disciplinary training workshops in South India and now Fernandez Hospital has home-grown trainers in obstetric emergencies.

Ms. Indie is passionate about reducing health inequalities of vulnerable women. She has successfully launched, in partnership with My Body Back Project, the world's first maternity clinic in the Royal London Hospital to support women who have experienced sexual violence. She has previously successfully developed a seamless pathway of care for women with complex social needs in a deprived East London area reducing inequality of health care and ensuring access especially to refugee and migrant groups. This initiative won a BMJ award.

Ms. Indie has presented her work both nationally and internationally in the Royal College of Obstetricians and Gynaecologists (RCOG), Royal College of Midwifery (RCM) and International Confederation of Midwives (ICM). She is a co-author of "Timing of the initiation of antenatal care: An exploratory qualitative study of women and service providers in East London". She has contributed to "A systematic review of the evidence on effective and equitable service user involvement in the

planning, monitoring and improving of maternity services”, and to “Maternal and perinatal mortality and complications associated with caesarean section in low and middle-income countries: A systematic review and meta-analysis of 12 million pregnancies”.



Dr Shawn Walker

**Director, Lecturer, Breech Specialist Midwife
Breech Birth Network, Kings College London, GSTT**

Dr Shawn Walker is a Midwifery Lecturer at King’s College London and a Breech Specialist Midwife at St Thomas’ Hospital, a role that she pioneered.

Shawn researches how to increase the safety of vaginal breech birth and develop midwifery expertise to support the term breech pregnancy care pathway.

Out of her research and collaboration with other professionals, she created the Breech Birth Network, now a Community Interest Company that provides breech training across the UK and internationally. She blogs at breechbirth.org.uk.

E2: Sustainability (1hr) Leadership and Change Presentation



Professor Lesley Page CBE

**Visiting Professor in Midwifery, King’s College London
Adjunct Professor UTS Australia, Griffith University Australia
Honorary Research Fellow, Oxford Brookes University**

Lesley Page was president of the Royal College of Midwives during 2012-2017. She was the first professor of midwifery in the UK at Thames Valley University and Queen Charlotte's Hospital. She is a renowned international academic, advocate and activist for midwives, mothers and babies with more than 32 years' midwifery experience. Her accomplished career has encompassed clinical practice, management and leadership, academic and policy work. She has practised midwifery in the community, hospital and home birth settings and continues to practise in Oxfordshire.

She is also a Visiting Professor of Midwifery at the Florence Nightingale School of Nursing and Midwifery, King's College, London, Adjunct Professor University of Technology Sydney and Visiting Professor, University of Sydney. She has worked and lectured around the world. She was a member of the Expert Maternity Group that wrote Changing Childbirth, published in 1993, and was specialist adviser to the House of Commons Sub-committee responsible for investigating the state of maternity services in 2003 and adviser to the King's Fund enquiry into the safety of the maternity services in England 2007-2008.

Lesley received the International Alumni Award University of Technology Sydney in 2013 and was conferred with an Honorary DSc by University of West London in November 2013. Lesley was made a Commander of the British Empire for services to midwifery in 2014.

E3: Innovation & Transformation (2 sessions)



Anna af Ugglas

Global Programme and Implementation Manager

Laerdal Global Health, Norway

In 1991, Anna became a registered midwife to thereafter complete a bachelor's degree and receive a certificate as a teacher in Caring Education in 1999. Her master's degree was obtained in Social Science with a Major in education with specialization in Caring Education at Stockholm University, Sweden.

Anna has a broad professional and clinical experience as a midwife since 28 years. She also has experience as a teacher in nursing. In August 2010, she joined the UNFPA as a Senior Programme

Specialist in Midwifery, posted in Bangladesh country office until 2013. Thereafter, she served for UNFPA in Lao PDR for three years, supporting the midwifery development in the country. Following Lao PDR, she worked for the World Health Organization as a consultant in the Maternal Newborn and Child Health Department well as the WASH Department,

Anna joined Laerdal Global Health as a Global Program and Implementation Manager in 2017, leading the P&I team forward in the overall mission of helping saving the lives of mothers and newborns.

Saadi Hussain

Director, SmartMed Global

Saadi has an MSc in Development Economics from London University and has gained over 20 years experience with Global companies in areas of Market Entry Strategy, Analysis, New Business Development and Commercial negotiation. He has been working within the health sector for the past 8 years mainly in the areas of innovation and product development. As a Co-founder and Director of SmartMed Global, Saadi has been working on numerous of NHS projects with number of NHS Trusts and Primary clinics in the areas of digital health. His health experience has also taken him to work in number of international markets including Asia, Africa and Middle East where he has delivered digital solution to some of the leading health providers in those markets.

E4: Research (2 sessions)



Dr Kate Levett

Senior Research Fellow

School of Medicine, University of Notre Dame, Australia

Kate Levett is a Senior Research Fellow at the University of Notre Dame Australia, Sydney School of Medicine, and an adjunct Fellow at the National Institute of Complementary Medicine (NICM) at Western Sydney University.

She has recently received an NHMRC Early Career Fellowship, leading a collaboration of investigators in a large prospective meta-analysis of independent childbirth education and its effect on maternal and neonatal outcomes.

Kate completed her PhD at NICM, Western Sydney University, and has a Masters in Public Health (Epidemiology) from the University of Sydney, and an undergraduate degree in Education, specialising in Health Education, and Health Sciences (Acupuncture) at the Australian Institute of Applied Sciences, Brisbane.

She specialises in complementary therapies for pain relief in labour, and Kate completed her PhD investigating the use and cost effectiveness of complementary therapies (including acupressure, massage, yoga and breathing techniques) for pain relief in labour.

Kate is a practitioner and researcher of Japanese and Chinese Acupuncture, with over 20 years' experience as an acupuncturist, researcher, birth educator and teacher. She is a consultant for independent childbirth education programs in Australia and internationally, and is a research advisor with Lamaze International and the Obstetric Acupuncture Association in Canada.



Kerry Sutcliffe

Researcher

University of Notre Dame, Australia

Kerry Sutcliffe is a researcher based at the University of Notre Dame Australia, School of Medicine.

She has Undergraduate and Masters' Degrees in Psychology and a Diploma in Counselling. Bringing together her background in psychology and counselling, Kerry has predominantly worked with clients experiencing anxiety and depression. As an educator, Kerry delivers hypnobirthing and childbirth education courses to expectant parents and provides hypnobirthing training for care-providers.

Kerry's research focus is on pregnant women's mindset, partner's mindset, and how attitude towards birth impacts birthing outcomes.

E5: Clinical Practice (2 sessions)



Dr Tina Harris

Senior Clinical Lead (Midwifery) and National Maternity and Perinatal Audit

Royal College of Obstetrics and Gynaecology

Tina Harris has been a midwife for over 35 years working in clinical practice, research and teaching roles.

Currently Tina is the Senior Clinical Lead (Midwifery) for the National Maternity and Perinatal Audit and is also an Associate Professor at De Montfort University, Leicester.

She has held roles as a Lead Midwife for Education, as a Specialist Advisor for the CQC, as a registrant member of the Midwifery Committee at the Nursing and Midwifery Council and as a journal reviewer and external examiner. Her research interests include practice variation, clinical decision making in midwifery and maternity audit.

Professor James Walker

Clinical Director of Maternity Investigation, Healthcare Safety Investigation Branch (HSIB)

Lisa Manning

Midwifery Clinical Advisor, Healthcare Safety Investigation Branch (HSIB)

11:30-12:30 Seminar Stream F

F1: Research



Louise Page

Consultant Obstetrician and Gynaecologist

Obstetric Lead for Mental Health

Chelsea & Westminster Hospital NHS Foundation Trust – West Middlesex site

Louise is a Consultant Obstetrician & Gynaecologist at West Middlesex Hospital, Chelsea & Westminster Hospital NHS Foundation Trust. She trained at St Mary's Hospital Medical School, London and specialised during her early postgraduate career in Obstetrics & Gynaecology. She undertook her speciality training in London and Sydney, Australia. She was appointed as a Consultant in 2010.

In her clinical practice she has developed a special interest in intrapartum care, perinatal mental health and maternal medicine. She has a MSc in Quality and Safety in Healthcare from Imperial College. She is currently Clinical Director for Clinical Outcomes & Effectiveness and one of the maternity quality and safety leads at Chelsea & Westminster. She is currently working part time clinically at West Middlesex and part time as a National Maternity Investigation Clinical Advisor for the Healthcare Safety Investigation Branch.

She is President of the British Intrapartum Care Society and is one of the co-organisers for the Royal College of Obstetricians & Gynaecologists / British Maternal & Fetal Medicine Society Management of the Labour Ward course held annually at the RCOG.



Louise Nunn

Consultant Midwife Development Post, Public Health/Normality

Chelsea & Westminster Hospitals NHS Foundation Trust

Louise is currently working as a Consultant Midwife with a Public Health / Normality remit.

Prior to this she spent 4 years as a Perinatal Mental Health Specialist Midwife, as well as previous roles in Practice Development, clinical leadership and service management.

She has a special interest in supporting women with birth fear and birth trauma to achieve positive birth experiences.

F2: Innovation & Transformation (2 sessions)



Dr Susan Aradeon

International Social and Behaviour Change Consultant, USA

Susan is a Social and Behaviour Change Specialist who served 14 years as resident adviser for health programmes in Nigeria, Benin and the South Pacific with UKaid, USAID and UNFPA.

Currently, she promotes Community Communication, an innovative, rapid, norm-changing approach based on empowering low and non-literate citizens to learn, recall, share and reflect with their peers. She has supported evaluation, development, pretesting and production of multimedia products and traveling theater. She also initiated the pragmatic, culturally sensitive Rapid Interpersonal Communication training for health workers.

Susan is the principal author of numerous manuals and publications in English and in French.



Jessica Smith

International Programs Coordinator, Shifra

Jess is an experienced maternal and child health expert bridging both clinical and public health worlds. She has over 10 years of experience working with diverse populations on issues of child health, human trafficking, sexual and reproductive health, and humanitarian issues.

Prior to her current role with Shifra, Jess designed reproductive health curriculum for implementation in low resource settings.

She brings a passion for human centered design, commitment to sexual and reproductive health as a basic human right, and knack for seeing the big picture.

F3: Education (1hr) Keynote Presentation



Professor Soo Downe OBE

Professor in Midwifery Studies, UCLAN

Soo's research is encompassed by four distinct programmes of work, namely:

1. Intrapartum phenomenon and techniques, with specific attention to physiological processes and consequent outcomes
2. Midwifery expertise and practice
3. Place and mode of birth, and associated interprofessional issues

4. Service user engagement.

Soo is research active within the area of [midwifery and maternal child health](#) and is a member of the [Research in Childbirth and Health Unit \(ReaCH\)](#).

F4: Clinical Practice



Beth Johnson

Clinical Director, Heartline Ministries, Haiti

Beth Johnson was raised in Illinois and Texas, Beth knew at an early age that she wanted to care for mothers and babies. At the age of eighteen Beth left home to begin her midwifery training in The Philippines.

Beth has helped women deliver their little ones on three continents, stating she has lost track of how many babies she has caught. As a co-author of [The Starting Place](#), her experiences working abroad have been invaluable. She lives in Haiti and works as the Clinical Director at Heartline Maternity Center.



Tara Livesay

Midwife and Director, Heartline Ministries, Haiti

Tara Livesay is originally from Minnesota, Tara is a Certified Professional Midwife and the Director of Heartline Maternity Center. Tara and her husband, Troy, along with their seven children moved to Haiti in January of 2006 where they have lived and worked for well over a decade. In addition to overseeing The Heartline Maternity Center, Tara is a co-author of [The Starting Place: A Maternal Mortality Prevention Initiative](#).

14:00-15:00 Seminar Stream G

G1: Innovation & Transformation



Suzanna Bright

PPIUD Initiative Project Monitoring, Evaluation and Research Coordinator

International Federation of Gynaecology and Obstetrics

Suzanna initially graduated with a BSc in Speech and Language Therapy and worked clinically for the NHS in the areas of neurology, acute medicine, trauma and ITU before moving in to a career in global health.

In 2013 she moved to Zambia and worked in early childhood development and health education programmes for both the Elizabeth Glaser Pediatric HIV/AIDS Foundation (placement via VSO) and U.S. charity CLASP International. Returning to the UK in 2015, Suzanna pursued a MSc in Global Health and Development, graduating in 2017 with distinction from University College London.

Joining the International Federation of Gynecology and Obstetrics in 2018 she worked first as a project coordinator, overseeing the implementation of the PPIUD initiative in Sri Lanka and India and she currently holds the position of Project Monitoring, Evaluation and Research Coordinator.



Winnie Shena

National Nurses Association of Kenya, Reproductive Health

Kenya Obstetrical and Gynaecological Society, Reproductive Health, Kenya

A Nurse-Midwife and Community Health Specialist, the National Deputy Coordinator FIGO-KOGS PPIUD Initiative in Kenya since 2015. System Quality Improvement (CQI) expert, an in Country Faculty for CQI. An expert in policy formulation, review and implementation process. Immediate past president of the Nurses Association of Kenya and former director advocacy Kenya health care federation, private sector board for health in Kenya. Member of the technical working group for the Nursing Council of Kenya.

Alumni of: Global Nursing Leadership Institute (ICN) Geneva: Grants management Strathmore Business School Kenya; Evidence informed health policy University of Nairobi, she holds a Masters' Degree in community health and health systems from Great Lakes University of Kisumu (GLUK) Graduate degree in Nursing and Midwifery from the Agakhan University.

Technical lead in the review of the scope of practice for nurses and midwives in Kenya to provide for the PPIUD practice (on going). A PPIUD trainer, a PPIUD mentor of mentors and a researcher with a focus on operational research.

A specialist and a trainer in the CQI methodology and the implementation of the DMAIC framework with a focus on cross cadre collaboration. She has supported over 13 PEPFAR sites to successfully implement CQI initiatives that produced: scalable, cost effective and replicable results not only for the site of implementation but also for other hospital departments

Formerly she led other professionals towards the review of the health bill currently the Health ACT, the review of the scheme of service for Nursing personnel May 2014. An advocate and avid champion against harmful practice like female genital mutilation, child marriage and gender based violence in her community.



Dr Sebalda Leshabari

Executive Secretary, Tanzania Midwives Association

Senior Lecturer, Muhimbili University of Health, Tanzania

Dr. Sebalda Leshabari is a leader in midwifery education, practice and research at the Muhimbili University of Health and Allied Sciences (MUHAS) in Dar es Salaam, Tanzania, where she is a Senior Lecturer and General Secretary for Tanzania Midwives Association.

She completed her PhD in Maternal, Newborn and Child Health at the University of Bergen in Norway. Her post-doctoral degree was in monitoring and evaluation methods at the Harvard School of Public Health, U.S.A. She has been teaching Maternal, Newborn and Child health to Midwives for about 30 years now. She has led several projects for teaching rural, unsupervised midwives for them to provide quality midwifery care.

Dr. Leshabari has led several research and consultancies including: Scope of Midwifery Practice in Tanzania mainland including Zanzibar, which involved adapting the 2011 ICM Midwifery Competencies into the Tanzanian context. She conducted assessment of midwifery pre-service training activities in Ghana, Ethiopia and Malawi. She was a country team leader for the ICM field testing study of the provisional Essential Competencies for Basic Midwifery Practice.

She conducted a consultancy for the East Central and Southern Africa (ECSA) on documentation of best practices in retention of health workers, including those in reproductive health and family planning in Rwanda, Uganda and Tanzania. Dr. Leshabari has worked with the World Health Organization on the handbook for counseling and communication in maternal and neonatal health, and in the review of the WHO Tools for Integrated Management of Pregnancy and Childbirth (IMPAC), as well as Essential Care Practice Guide for Pregnancy, Childbirth and Newborn Care (ECPG).

G2: Research (2 sessions)



Catherine Williams

Chair, National Maternity Voices; NICE Fellow

Catherine Williams is a founding committee member of National Maternity Voices, writes at birthingbiology.wordpress.com and most recently published in *bmjonline* with obstetrician Andrew Weeks. She currently holds an interim role as a local Healthwatch policy manager. She remains an active service user member of her local Maternity Voices Partnership and is a NICE Fellow 2016-19.



Stacey O'Brien

Director and Facilitator

A Kiss From An Angel, Australia

Since the stillbirth of her son, Finn in 2002 Stacey O'Brien has shared her inspiration journey through grief with midwives, nurses and the bereaved. This journey has been healing for Stacey and the hundreds of people she has worked with. "A Kiss From An Angel" has become a beautiful healing tool and a valuable insight into both the bereaved mother and fathers journey through grief. While sharing this healing through grief Stacey created "The Healers Workbook" which is a valuable resource for midwives and nurses and offers valuable self-care practises for these health workers. Over the last 15 years Stacey has facilitated many workshops on healing grief and self-care for midwives and has recently been involved with simulated midwifery education including role playing as the bereaved mother. This brave and insightful glimpse is a valuable resource for the health industries and a project Stacey is passionate about.

With over 25 years as a Massage Therapist and Fitness Instructor, Stacey combines holistic health with mental health and suicide prevention training and offers a unique style of Holistic Health Care for the people in the health industry who look after us so well. Although they are fantastic at their jobs they, as an industry "do not look after themselves with self-care very well."

Stacey is a brave and inspiring speaker and is passionate about innovation in midwifery education and self-care. Honouring the people that created such beautiful healing in her life.

G3: Education (2 sessions)



Dr Lucia Rocca-Ihenacho PhD MSc RM

NIHR Research Fellow and Midwifery Lecturer

Centre for Maternal and Child Health Research, School of Health Sciences, City University London

Lucia Rocca-Ihenacho studied anthropology in Italy where she also qualified as a midwife and worked in independent practice offering holistic care. In 2002 she moved to England where she worked in the NHS in various clinical academic positions including as a Consultant Midwife for Public Health.

Lucia is passionate about supporting the development of positive interdisciplinary team culture and facilitating organisational change. She has experience of mentoring midwives and medical staff in clinical practice in a wide range of settings from home births in London to the mountains of rural Afghanistan.

She sees supporting optimal intrapartum care in all birth environments as a key aspect of providing high quality care. This includes maximising physiological care for all women, including those with complicating conditions, which might preclude them from pursuing a completely normal birth.

Lucia's PhD focused on identifying the key ingredients which make midwifery units functioning well. Since 2015 she has been based at City, University of London where she works as a Lecturer and researcher. Lucia is one of the co-founders and CEO of the Midwifery Unit Network.



Zoe Wright

Midwife, The Real Birth Company

Zoe is a Registered Midwife and graduated from Birmingham City University. At the heart of her practice is choice, respect and dignity.

Working in various hospital environments her passion has always been in advocacy and educating women and later in her career, supporting midwives and promoting confidence in autonomous practice.

In 2017, she founded The Real Birth Company and Real Birth Studio after writing a training programme for midwives and birth professionals. The Real Birth Programme has been designed to support autonomous teaching and supporting all birth in all birth environments. This course holds two national accreditations and has several connected positive outcomes. This course has been adopted by hospitals and individuals around the UK and Ireland.

With a focus on; the physical and biomechanics of birth; supporting birth in all settings; the response of the endocrine system and the psychological effects on these systems.

In 2018 she won an award for her work and recognition for the steps made into introducing the programme into hospitals around the UK.

Zoe believes that all women should have access to evidence based antenatal education, and has developed a multilingual online digital platform that is accessible to women and their birth partners from all backgrounds, that supports choice and understanding.

She also believes that to support women and their partners, midwives and childbirth educators need to feel empowered and supported themselves. The Real Birth Workshop, which it is known as; continues to grow and support women and it's teachers all across the UK and now in other countries.

www.therealbirthcompanyltd.com

@RealBirthCo

G4: Clinical Practice (2 sessions)



Elinore Macgillivray

Senior Improvement Manager, 1000 Lives Improvement

Elinore is as a Senior Improvement Manager for 1000 Lives Improvement, supporting quality improvement programmes in maternity services across NHS Wales. She was the lead midwife for a successful All Wales postpartum haemorrhage project.

Elinore has been working as a midwife since qualifying in 2001, working across a variety of settings, taking a particular interest in the management of high risk pregnancy and birth. She has worked as the midwifery lead for the Obstetric and Gynaecology teaching of undergraduate medical students, with a keen interest in training and education within healthcare. Following this, she began working in continuous quality improvement, with a focus on improving outcomes and experience.



Dr Rebecca Moore

Consultant Perinatal Psychiatrist, Make Birth Better

Dr Moore is a consultant psychiatrist with twenty years expertise around women's mental health and especially in pregnancy and early motherhood.

She is a passionate advocate for holistic care and training as an integrative practitioner.

She believes that diet, exercise, supplements, and social prescribing can help the quality of life for many and are underused tools in the NHS currently.

Dr Moore is the cofounder of Make Birth Better a national collaborative working to reduce the life changing impact of birth trauma for women and their families using campaigning, research and training.

G5: Innovation & Transformation (2 sessions)



Laura Godfrey-Isaacs

Community Midwife, King's College Hospital

Laura Godfrey-Isaacs is an artist, midwife, creative producer, researcher and birth activist.

She aspires to bring her knowledge and experience in the arts to bring fresh interdisciplinary perspectives to inform midwifery education, practice, policy and research. She regularly presents at conferences, and creates interdisciplinary projects and campaigns, such as www.maternaljournal.org which supports mental health and well-being through creative journaling. She is currently Ambassador for Proceate Projects, Co-Chair of the Women's Equality Party's Health Committee, Board Advisor of The International Forum for Wellbeing in Pregnancy, and member of the Thought Leadership Group at the NMC reviewing midwifery education standards.

Blog: <https://www.all4maternity.com/caring/blog/birth-art-culture/>

Twitter: @godfrey_isaacs

Website: www.maternaljournal.org



Kizzy Lynch

Lead Midwife for Education, Senior Lecturer, Programme Leader University of Lincoln

Kizzy's responsibilities include ensuring the quality of the midwifery programme is maintained in line with the University of Lincoln and Nursing and Midwifery Council (NMC) standards, ensuring good relationships are maintained with practice partners. Curriculum development is a large part of the role to map national policy changes into the curriculum maintaining its currency and validity.

Kizzy teaches across all subject areas relating to midwifery with a particular interest in anatomy and physiology, managing complexity through simulation. She is passionate about choice, advocacy and decision making.

Kizzy is a member of the Continuity of Carer sub group for NHS England and contributes to national midwifery policy drivers.



Yvonne McGrath

Consultant Midwife

Lincolnshire East Clinical Commissioning Group

Yvonne is employed by the CCG within the Better Births transformation team and works closely with the local trust, United Lincolnshire Hospitals Trust to ensure strong links are maintained to facilitate delivering the maternity transformation programme.

With a strong background in caseload and midwifery-led models of care, Yvonne is extremely passionate about strengthening these models of care and ensuring that midwives are supported to provide women with information to enable them to make informed and empowered choices.

Yvonne is a member of a number of regional steering groups including Fetal Monitoring.

15:30-16:30 Seminar Stream H

H1: Clinical Practice (2 sessions)



David Green

Nurse Consultant, Immunisations

Immunisation, Hepatitis and Blood Safety Department, National Infection Service, Public Health England

David Green is nurse consultant for immunisations with PHE's national immunisation team.

He has a particular focus on improving immunisation uptake in pregnancy, education of healthcare professionals in immunisation, vaccine incident management and the development of patient group directions for immunisation programmes. David completed a MPH at the University of Leeds in 2014 with a dissertation on the efficacy of pneumococcal polysaccharide vaccines in the elderly.



Dr Gayatri Amirthalingam

Consultant Epidemiologist

National Infection Service, Public Health England

Gayatri studied medicine at Imperial College School of Medicine, London (1994-2000). After completing her medical training, she spent 4 years training in clinical paediatrics, developing an interest in paediatric infectious diseases. Gayatri completed the MRCPCH (Membership of Royal College of Paediatrics and Child Health) in 2004 and joined the London public health training programme in 2005.

She went on to complete a Masters in Public Health at the London School of Hygiene and Tropical Medicine (2006), the Membership of the Faculty of Public Health (2007) and her public health training

(2010). Gayatri currently works as a Consultant Medical Epidemiologist in the Immunisation and Countermeasures department, Public Health England.

Her main areas of responsibility include the national surveillance of vaccine preventable diseases (VPDs) and hepatitis, development of national guidance for the public health management of cases /outbreaks of VPDs and providing expert clinical advice on vaccine and hepatitis related issues.

She has a particular interest in pertussis and has been responsible for leading the investigation and response to the national pertussis outbreak in England since 2011 and the evaluation of the emergency vaccination programme for pregnant women. She has also led and supported the development and update of several national public health guidelines including the 2019 PHE Guidance on the investigation, diagnosis and management of viral illness, or exposure to viral rash illness, in pregnancy.

H2: Education (1hr workshop)



Dr Sheena Byrom OBE

Director, All4Maternity



Professor Soo Downe OBE

Professor in Midwifery Studies, UCLAN

Soo's research is encompassed by four distinct programmes of work, namely:

1. Intrapartum phenomenon and techniques, with specific attention to physiological processes and consequent outcomes

2. Midwifery expertise and practice
3. Place and mode of birth, and associated interprofessional issues
4. Service user engagement.

Soo is research active within the area of [midwifery and maternal child health](#) and is a member of the [Research in Childbirth and Health Unit \(ReaCH\)](#).

H3: Education (2 sessions)



Sue Macdonald

Midwifery Consultant and Educationalist

Sue is a midwife and educationalist by background. After qualifying as a nurse at Guys hospital, she trained as a midwife. She worked as a midwife in London and in Dorset, working in all areas of maternity services. She then moved into midwifery education after completing the Advanced Diploma in Midwifery. Whilst working in education she designed the first ‘direct entry’ midwifery programme in London, and developed a range of innovative continuing education courses for midwives from initial degree to Masters level. Sue worked at the Royal College of Midwives for 10 years, managing the research and education agendas.

More recently Sue has been involved in a UNICEF programme overseas, and in developing electronic learning materials. She is passionate about developing midwifery practice, research and education, and is currently undertaking an MPhil/PhD at Middlesex University. Sue is currently editing the 15th Edition of Mayes Midwifery Textbook.

She received an Honorary Fellowship from the RCM in June 2014.

Dr Jenny Hall

Independent Midwifery Educator and Researcher

Jenny has been creatively educating for nursing and midwifery all her career, in practice, publication or in higher education. Recently this has been through developing reflective practice in other educators

on the Postgraduate certificate for education. Her passion is to view women's needs holistically, including recognising spirituality. Previously editor for The Practising Midwife, she has published widely, including books on spirituality and the Midwifery Essentials series for students. Recent research topics include spirituality, promoting dignity and respect in education and the human rights experiences of disabled women. Further interest lies in educating for Sustainable Development. She is Fellow of the Royal College of Midwives and Senior Fellow of the Higher Education Academy. She is currently working more flexibly and is helping develop educational box set videos, alongside education and research projects.

H4: Innovation & Transformation (2 sessions)



Jenny Smith

Midwifery Lecturer and Founder, Gentle Childbirth Foundation

Jenny Smith, a clinical midwife for over 34 years and founder of the “Gentle Childbirth” charity, passionately believes in a family-centered approach to maternity care.

With the concept of “Materchitecture”, she presents a new radical change in architecture and infrastructure of maternity hospital buildings to make environmental space more comfortable.

In 2017, she established birthcontinua.com.

Jenny has received awards for her work and has lectured widely in UK and abroad.

Smith J, Plaat F, Fisk NM, 2008 The natural caesarean: a woman centered Technique. BJOG 2008,115(8):1037-1042.

Smith J 2009. Your body, Your Baby, Your Birth. Rodale an imprint of Pan Macmillan



Andrew Weeks

Consultant Obstetrician, Liverpool Women's Hospital

Professor of International Maternal Health Care, University of Liverpool

Andrew Weeks is Consultant Obstetrician at Liverpool Women's Hospital and Professor of International Maternal Health Care at the University of Liverpool. Although brought up in Kenya, he undertook undergraduate and postgraduate medical training around Yorkshire.

In 2001 he returned to East Africa as visiting lecturer at Makerere University before settling in Liverpool in 2003. Andrew's primary interest is innovations and the translation of maternity care from high to low resource settings. He has 3 patents and runs clinical trials in the UK, Uganda and India. He is currently developing the PPH Butterfly device and the Babysaver bedside neonatal resuscitation kit.



Bill Yoxall

Clinical Director, Liverpool Women's Hospital

Bill Yoxall has been a Neonatal Consultant at Liverpool Women's Hospital since 1997. One of his areas of clinical interest is the initial stabilisation of babies at birth. This has included a number of research projects, clinical audit projects and Quality Improvement projects, as well as having an educational interest. These have all contributed to successful changes resuscitation practise and improved outcomes in his department.

H5: Video Theatre Studios



Maureen Collins

Hypnobirthing Teacher/Trainer

Maureen qualified as a Registered General Nurse before she went on to qualify as a Registered Midwife. She has a BA(Hons) in Health Studies/Health Promotion and a Master's Degree in Biomedical Ethics.

Maureen has worked as a midwife in both hospital and community settings. She managed a Midwife Led Unit at the Liverpool Women's Hospital, was an Associate Lecturer at Liverpool University, a head of Governance and the Head of Midwifery for One to One Midwives, Maureen also worked in the US for seven years as a Programme Manager in Maternal and Child Health. She is currently a self-employed Midwifery Consultant and a Hypnobirthing Teacher/Trainer.

She is trained in both Marie Mongan and KG Hypnobirthing and has taught midwives and birth workers in the UK, Hong Kong and China. Together with the renowned Hypnobirthing teacher and Hypnotherapist Sonia Richards wrote the Royal College of Midwives Accredited Hypnobirthing Teacher Training course – Birth like a boss.

In addition, Maureen also has her own Birth Coaching Company www.thebirthcoachingcompany.co.uk and has supported over 1000 couples to achieve a positive birth experience.

She has spoken at conferences in the UK, US and Hong Kong.

She has had articles published in the British Journal of Midwifery and MIDIRS.

Her passion is for ensuring that all women have access to ethical maternity care, that their human rights are respected and that they are energised to take control of their birth. That when they tell their story it is a positive one, even when things don't go according to plan, because it's not just about the birth but about the emotional and social impact on the woman and her family. Memories that last a lifetime.



Leonie Rastas

Nurse, Midwife, Educator, Artist

Australian Catholic University, Healthcare Australia, Pastoral Healthcare Network Australia

Leonie graduated as a Nurse in 1977, and Midwife in 1980 with a Post Grad Cert in Higher education in 2012. In 2010 Leonie was recognised for her service to Nursing and duly admitted as a Fellow of the Royal College of Nursing Australia. Over the years she has worked in clinical midwifery practice, in both hospitals and community settings and as a sessional academic teaching Midwifery curriculum at Australian Catholic University.

In 2018 Leonie founded 'Caesarcare' offering her personal invention and resources as well as a self published eBook titled 'Woman-Centred Caesarean Care' for women having surgical births.

Leonie also has a special interest in women who experience neonatal loss and in 2005, she founded an NFP health promotion charity Pastoral Health Care Network Australia, (PHNA) to assist families living with grief and loss. Her initiative to gift adult comfort shawls to parents after still birth has since been adopted by the National SIDS foundation.

Currently Leonie serves as Vice president of PHNA and as Liaison officer for Australian College of Midwives.

In March 2019 Leonie's wound splint invention the SAC (Surgical After Care) splint was shortlisted for the Australian College of Nursing innovation award during Australia's National Healthcare Week.

Leonie lives in Brisbane Australia, with her husband, while her six children live in a variety of states and countries throughout the world. More details www.caesarcare.com.