

# Designing birth spaces grounded in women's experiences of giving birth

### An architect's perspective





#### Whiteboard animation

# Without people, what is the point of architecture?

## An architect's perspective?



#### I'm an architect

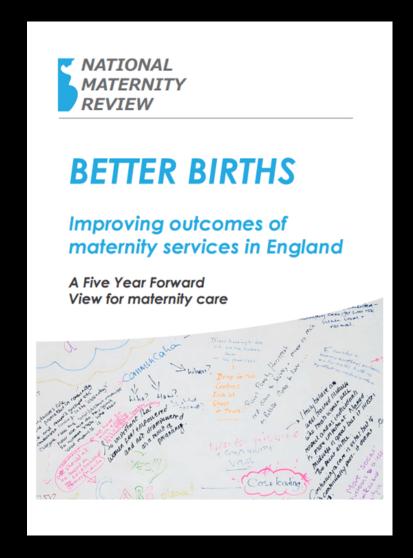


'Reframe the Architect more as a co-creator who facilitates an awareness and shares understanding of built environment issues with others; than as a powerful leader with a monopoly on knowledge'

Samuel et. al, 2015

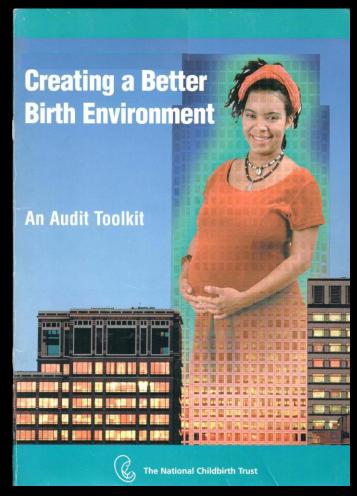
## Sharing some issues ...

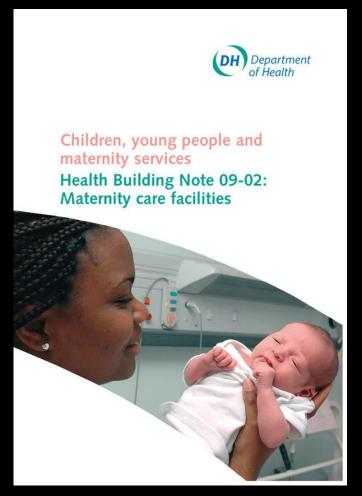
#### 2016



Policy and design guidance documents are grounded in research

2003 2013





Policy and design guidance documents are grounded in research

# a problem with evidence disciplines & professions

## Research & design "a gender"

# Evidence-based healthcare design

Favours environmental sciences approach

Quantitative research

EG. infection control, medical errors, manual handling, biophilia, stress & healing environments, daylight, wayfinding, patient satisfaction

Feeds into





# Birth environment research

Asdfdfs hdfdfh dfgfd fg ll Euafae oaebjg kajl adg bk irgs Asdf lksg lkng dg k ag kgghdl

Favours midwifery approach

Asdfdfs hdfdfh dfgfd fg ll Euafae oaebjg kajl adg bk irgs Asdf lksg lkng dg k ag kgghdl

Quant /qual. Research

EG. Environmental factors to facilitate physiological birth, as a midwifery work space, women's views, furniture & fittings, homely, salutogenic

spaces, decision-making

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Children, young people and maternity services Health Building Note 09-02: Maternity care facilities



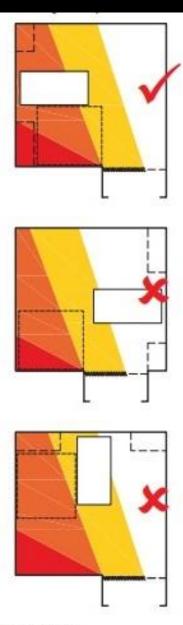
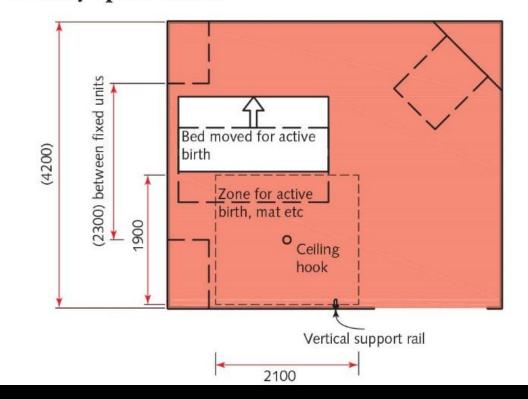


Figure 16 Bed location/privacy

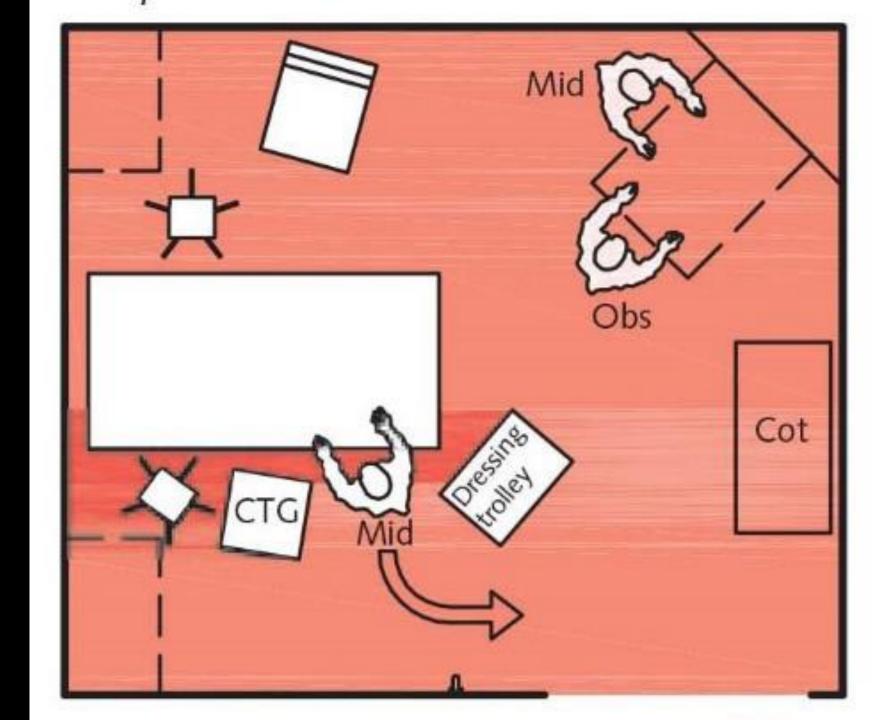
#### Activity space widths

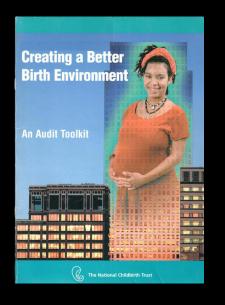




Children, young people and maternity services Health Building Note 09-02: Maternity care facilities









The loving touch of a partner or reassurance of a companion can help women feel secure.

Units should provide space, a comfortable chair and a sincere welcome for birth companions.

As women go deep inside themselves to focus on the overwhelming waves of contractions they need privacy and quiet, and may not want to be touched.

Megan tries another upright, supported, leaning forward position.



2. Continuity of carer, to ensure safe care based on a relationship of mutual trust and respect in line with the woman's decisions.



#### I want to there to be new evidence

for designing maternity facilities

# Dos & don'ts

# birth room

# Categories

# Operating theatres

# Space is social

... Let's do these 3 things ...

Ground birth environment / spaces research in the social-spatial experiences of users

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- Start talking to architects and estates managers about what woman-centred care means invite them to your MVP!

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