Student Midwife Reflective Journal: Innovation between Practice & Education
Introductions

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National Context
An Inclusive LMNS

That firmly values the engagements of all parties involved.
Development of the programme
Reflection in Education
Reflective Journal
I never thought that continuity of carer was particularly important...... because of my complex history, I have judged the maternity care process in terms of the outcome, rather than the quality of the journey itself. However what my midwife helped us to realise is the healing and restorative power of trust, and the benefits this has had for my mental wellbeing reach far beyond the birth itself. By Service User 2018
“To care for others, you must first care for yourself.”
Trevor Simpson – Principal Lecturer, School of Health and Social Care

“Always strive to do your very best.”
Dianne Jarvis – Midwife

“Be safe, be kind.”
Jane Stoney - Midwife

“Always treat people they way you like your loved ones to be treated.”
Katie Bryant Maternity Support Worker
Psychological Safety

5.15 demonstrate awareness of the need to manage the personal and emotional challenges of work and workload, uncertainty, and change; and incorporate compassionate self-care into their personal and professional life.

Resilience
Use of the journal in practice

The journal is personal to the student

No academic weighting

Timetabled sessions when returning to theory

Encouraging peer reflection and support and developing resilience
Evaluation plans and future steps

The use of the journal in the preceptorship period

Students contributing moving forward and evaluation

Sharing good practice with other clinicians and academics and other professions
Thank you

Any Questions?
References


